## HORARIS ENTRENAMENTS PAVELLO 2018- 2019

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|---|---|
| **ALEVI A I B** | DIMECRES : **ENTRENAMENT FÍSIC OBLIGATORI** DE 17:30 - 18:30 H |
| **INFANTIL A i B** | DIMECRES : **ENTRENAMENT FÍSIC OBLIGATORI** DE 18:30 - 19:30 H |
| **JUVENIL** | DILLUNS : **ENTRENAMENT FÍSIC OBLIGATORI** DE 18:30 - 19:30 H |
| **JUNIOR** | DILLUNS : **ENTRENAMENT FÍSIC OBLIGATORI** DE 18:30 - 19:30 H |
| **SENIORS/SUB23** | S'ESTABLIRÀ A CONVENIENCIA DE L'ENTRENADOR TREBALL FISIC OBLIGATORI ABANS ENTRENAMENTS |

| HORARIS | DILLUNS | HORARIS | DIMARTS | HORARIS | DIMECRES | HORARIS | DIJOUS | HORARIS | DIVENDRES |
|---|---|---|---|---|---|---|---|---|---|
| 17:30 | ESCOLETA | | | 17:30 | PREBE A | | | 17:30 | ESCOLETA |
| 18:30 | PREBE B | | | 18:30 | BENJ B | | | 18:30 | FEM 13 |
| 18:30 | BENJ A | | | 18:30 | ALE B | | | 18:30 | INF A |
| 19:30 | PORTERS | | | 19:30 | ALE A | | | 19:30 | ALE B |
| 19:30 | JUVENIL | | | 19:30 | INF B | | | 19:30 | ALE A |
| 20:30 | JUNIOR | | | 20:30 | INF A | | | 20:30 | FEM 15 |
| 20:30 | sub 23 | | | 20:30 | JUVENIL | | | 20:30 | INF B |
| 22:00 | 1a Nac FEM | | | 22:00 | sub 23 | | | 21:30 | FISIC JUVENIL |
| 22:00<br>23:30 | 2a Cat masc | 22:00<br>23:30 | | 22:00<br>23:30 | 1a Nac FEM | 22:15<br>23:30 | 2a Cat masc | 21:30<br>22:30 | JUNIOR |

## HORARIS PISTA EXTERIOR PEREZ SALA 2018-2019

| HORARIS | DILLUNS | HORARIS | DIMARTS | HORARIS | DIMECRES | HORARIS | DIJOUS | HORARIS | DIVENDRES |
|---|---|---|---|---|---|---|---|---|---|
| 18:30<br>19:45 | FISIC ALE | 18:30<br>19:30 | PREBE A I B | | | 18:30<br>19:45 | TEC PREBE | | |
| 19:45<br>21:00 | FISIC INF | 19:30<br>20:30 | BENJ A i B | | | 19:45<br>21:00 | FISIC JUNIOR | | |
| | | | | | | | | 20:00<br>21:00 | FISIC BENJ |